

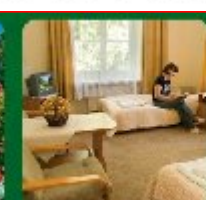
# Poland

BEYOND YOUR IMAGINATION

2009



  
POLISH AMERICAN  
CONSORTIUM GROUP



# Useful Information on Poland



## LOCATION:

Poland is located in Central Europe. The country is bordered by Germany to the west; the Czech Republic and Slovakia to the south; Ukraine, Belarus and Lithuania to the east; and the Baltic Sea and Russia to the north. The total area of Poland is 312,679 square kilometers (120,726 sq mi).

## POPULATION:

Poland has a population of over 38 million people. The capital of Poland – Warsaw – has 1.7 million citizens. There are several other major cities, such as Krakow (Cracow), Wroclaw, Poznan, Gdansk, Szczecin, Lodz, Katowice, Lublin, Rzeszow.

## LANGUAGE:

The official language is Polish. English and German are widely spoken in hotels and the tourist industry.

## TIME:

Poland is in the Central European Time Zone: GMT + 1. Summertime is applicable from the last Sunday in March until the last Sunday in October when they set the clock back one hour.

| NEW YORK | WARSAW     | LONDON   | PARIS      | BERLIN     | MOSCOW  |
|----------|------------|----------|------------|------------|---------|
| 6:00 AM  | 12:00 Noon | 11:00 AM | 12:00 Noon | 12:00 Noon | 2:00 PM |

## CURRENCY:

The official Polish unit of currency is the Polish Zloty (1 PLN = 100 groszy). If you convert 1 USD into Polish Zloty you will receive about 3 PLN. In fact, the Polish Zloty exchange rate may fluctuate many times during the day. Major foreign currencies may be exchanged for Polish Zlotys at banks or exchange counters, identified by the name KANTOR. They are located in many places like hotels, train and bus stations as well as main streets in cities. The bank notes: 200, 100, 50, 20 and 10 zlotys. The coins: 5, 2, 1 zloty and 50, 20, 10, 5, 2 and 1 grosz

## CREDIT CARDS:

An increasing number of establishments in Poland accept credit cards. Among the most popular are American Express, VISA, MasterCard, Carte Blanche, Diner's Club, Eurocard. Special information stickers are put on the doors and windows of business offices which accept payment with credit cards. Holders of credit cards can obtain cash from banks or ATMs.

## TRAVELER'S CHECKS:

Major traveler's checks can be exchanged for zlotys. When traveling to smaller towns, it is better to have some cash in reserve. Eurochecks are accepted in accordance with standard international tourism agreements.

## MOTOR VEHICLES & DRIVING:

U.S. and Canadian driver's licenses are honored in Poland only in conjunction with an International Driver's License, available at any AAA office for a fee. For more information visit the website: [www.AAA.com](http://www.AAA.com)

## TAXI:

Taxi stands are marked with the TAXI sign. Taxi can be booked by phone. Higher rates are charged for travel out of city limits, on Sundays and Holidays. A special night fare is applied between 10:00 PM and 6:00 AM.

## RAILROAD:

Utilizing an extensive network of routes and connections, rail is by far the most common and convenient way to get around Poland. Furthermore, rail is an excellent way for a traveler to reach major cities and capitals of Europe. The EuroCity (EC) and the InterCity (IC) trains offer rapid and regular service between major points of interest for the domestic and foreign traveler alike. Complimentary snacks are served on all IC trains.



## TIPPING:

Tips of 10% to 15% are customary in restaurants and cafes. Tipping in self-service restaurants is not expected. Tips for porter's services in hotels and train stations are expected, but amounts for services rendered are at the traveler's discretion.

## ELECTRICITY:

The uniform voltage in Poland is 220 Volts / 50 Hertz, since round, European-style two-pin plugs are used. Electrical equipment of 110 Volts / 60 Hertz requires the use of an adapter or a voltage converter.

## TRAVEL DOCUMENTS:

U.S. and Canadian citizens do not need a visa for leisure or business travel to Poland, and they can stay for up to 90 days without a visa. Your passport expiration date must be at least six months after your return to the United States or Canada. For further information please visit the website of the Polish Embassy or Consulate in your country.

#### CUSTOMS FEES:

Every visitor can bring ordinary gifts and souvenirs, which cannot be used for commercial purposes. You must consider their nature and quantity. The total value must be less than 175 EUR. According to the present rates, as listed in the official table of custom fees, souvenirs that exceed the value of 175 EUR are subject to duty. For further information, please contact the Consulate General of the Republic of Poland in New York, tel. (646) 237-2100.

#### TELEPHONE:

Major cities and towns in Poland can be reached directly from the United States by dialing 0-11-48 followed by the city code and the telephone number. To connect directly from Poland with most European countries, U.S.A. and Canada, one has to dial "0", listen for a steady tone, then dial "0" again, followed by the country code, area code and the number.

#### LENGTH OF TRIP:

|                    |             |
|--------------------|-------------|
| Warsaw – Gdynia:   | 4 hours     |
| Warsaw – Katowice: | 2 h 45 min  |
| Warsaw – Krakow:   | 2 h 40 min  |
| Warsaw – Poznan:   | 3 hours     |
| Warsaw – Szczecin: | 5 h 32 min  |
| Warsaw – Berlin:   | 6 h 10 min  |
| Warsaw – Budapest: | 11 hours    |
| Warsaw – Prague:   | 9 h 20 min  |
| Warsaw – Vienna:   | 8 h 25 min  |
| Krakow – Berlin:   | 8 h 20 min  |
| Krakow – Prague:   | 7 h 51 min  |
| Krakow – Budapest: | 10 h 52 min |

#### IMPORTANT CONTACTS:

### EMBASSY OF THE UNITED STATES OF AMERICA

Al. Ujazdowskie 29/31  
00-540 Warsaw, Poland  
Tel: +48 (22) 504-2000  
Fax: +48 (22) 628-8298

#### CLIMATE:

Poland has a moderate climate. The average temperature in July is 67°F (19°C). There are, of course, very hot days when temperatures exceed 86°F (30°C). The coldest winter months are January and February, when average temperatures drop to a few degrees below freezing. During exceptionally cold winters, temperatures as low as -22°F (-30°C) have been recorded. With huge snowfalls, the Polish mountains offer good conditions for winter sports enthusiasts.

|   | Jan | Feb | Mar | Apr | May | Jun |
|---|-----|-----|-----|-----|-----|-----|
| C | -3  | -3  | 2   | 8   | 13  | 17  |
| F | 27  | 27  | 36  | 46  | 55  | 63  |
|   | Jul | Aug | Sep | Oct | Nov | Dec |
| C | 19  | 19  | 14  | 8   | 3   | -1  |
| F | 67  | 67  | 57  | 37  | 37  | 30  |

#### EMERGENCIES:

The nationwide toll-free 24 hour emergency telephone numbers include:

|                     |     |
|---------------------|-----|
| Ambulance           | 999 |
| Fire                | 998 |
| Police              | 997 |
| Roadside Assistance | 981 |
| Mobile              | 112 |

#### INTERNATIONAL AIRPORTS:

|                |             |
|----------------|-------------|
| Warsaw (WAW)   | Okecie      |
| Krakow (KRK)   | Balice      |
| Wroclaw (WRO)  | Strachowice |
| Katowice (KAT) | Pyrzowice   |
| Gdansk (GDN)   | Rebiechowo  |
| Poznan (POZ)   | Lawica      |
| Rzeszow (RZE)  | Jasionka    |

#### IMPORTANT CONTACTS:

### CONSULATE GENERAL OF THE UNITED STATES OF AMERICA

Ul. Stolarska 9  
31-043 Krakow, Poland  
Tel: +48 (12) 424-5100  
Fax: +48 (12) 424-5103



### **Pearls of Poland (K-4)**

10 days / 9 nights – land & air  
9 days / 8 nights – land only

From: **\$1624** land only

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### **Gems of Northern Poland (K-5)**

8 days / 7 nights – land & air  
7 days / 6 nights – land only

From: **\$1094** land only

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### **Panorama of Poland (K-6)**

15 days / 14 nights – land & air  
14 days / 13 nights – land only

From: **\$2334** land only

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### **Poland's Best (K-9)**

8 days / 7 nights – land & air  
7 days / 6 nights – land only

From: **\$1204** land only

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**Poland's Best (K-9):  
Extension to Budapest**

3 days / 2 nights – land only

From: **\$619** land only

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**Poland's Best (K-9):  
Extension to Vienna**

3 days / 2 nights – land only

From: **\$1059** land only

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**Poland's Best (K-9):  
Extension to Prague**

4 days / 3 nights – land only

From: **\$1399** land only

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**Splendors of Poland (K-10)**

12 days / 11 nights – land & air

11 days / 10 nights – land only

From: **\$1914** land only

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## **Pearls of Poland (K-4)**

10 days / 9 nights – land & air

9 days / 8 nights – land only

### **TOUR FEATURES:**

Round trip air between USA and Poland via LOT Polish Airlines

First-class accommodations with private bath or shower

Meals as per itinerary: B - breakfast, L - lunch, D - dinner

Comprehensive sightseeing program, as indicated

Motor coach transportation within Poland

Service of an Englishspeaking guide

Hotel charges and taxes

Airport/hotel transfers

### **YOUR HOTELS:**

**WARSAW** – 2 nights at Radisson SAS\*\*\*\*\*

**ZAKOPANE** – 2 nights at Mercure Kasprowy\*\*\*

**KRAKOW** – 3 nights at Novotel Bronowice\*\*\*\*

**WARSAW** – 1 night at Radisson SAS\*\*\*\*\*



### **1ST DAY, FRIDAY**

USA - WARSAW [OVERNIGHT]

Come aboard your trans-Atlantic jet this evening for the swift, smooth ride to Warsaw, Poland's vibrant capital.

### **2ND DAY, SATURDAY**

WARSAW [D]

Upon arrival, you are met at the airport and transferred to your hotel. With an afternoon at leisure, explore the city on your own. Meet your ORBIS guide at 6:00 PM in the hotel lobby before enjoying dinner.

### **3RD DAY, SUNDAY**

WARSAW [B,D]

This morning, see the wonders of Warsaw. Included in your tour are a stroll through Old Town, faithfully rebuilt to its pre-World War II splendor and the Ghetto memorial. Free time for lunch on your own. Afternoon at leisure. In the evening, enjoy a dinner at a local restaurant with a Mazowsze folklore show.

### **4TH DAY, MONDAY**

WARSAW - CZESTOCHOWA - ZAKOPANE [B,L]

After breakfast, depart for Zakopane. En route, there is a visit to Czestochowa, where we tour Jasna Gora monastery, a world-famous pilgrimage center and shrine of Poland's holiest icon, the Black Madonna. From here we drive to Zakopane in the Tatras.

### **5TH DAY, TUESDAY**

ZAKOPANE [B,D]

In a setting of mountain beauty, Zakopane is a popular year-round resort, famous for the unique architecture, arts, crafts and lifestyle of its inhabitants. After a brief tour of town, take a cable car to Gubalowka Mountain. This evening, enjoy a special dinner with folklore entertainment at a typical, local restaurant.



### 6TH DAY, WEDNESDAY

ZAKOPANE - KRAKOW [B,L]

Today we take raft trip down the Dunajec River in the Pieniny Mountains. After lunch, we leave for Krakow.

### 7TH DAY, THURSDAY

KRAKOW - WIELICZKA - KRAKOW [B,D]

Krakow has more than one thousand buildings and monuments of historic and architectural interest. Your tour includes Wawel Hill with its Gothic Cathedral. In the afternoon, take an excursion to the Wieliczka Salt Mine, famous for their underground chapels and crystal caves.

### 8TH DAY, FRIDAY

KRAKOW - AUSCHWITZ - WADOWICE

After breakfast, leave for Auschwitz, site of the notorious concentration camp, a name synonymous with the unspeakable horrors of the Holocaust. In the afternoon, return to Krakow via Wadowice, the city where Pope John Paul II was born.

### 9TH DAY, SATURDAY

KRAKOW - WARSAW [B,D]

In the morning, we drive back to Warsaw. In the evening, we enjoy free time followed by a farewell dinner at a local restaurant.

### 10TH DAY, SUNDAY

WARSAW - USA [B]

It's all over but the memories, as we transfer you to the airport for your jet flight home.

| GUARANTEED DEPARTURES  |                       | GUARANTEED PRICES          |              |
|--|-----------------------|----------------------------|--------------|
| Departure from USA: Friday   | Return to USA: Sunday | From New York              | From Chicago |
| May 22   | May 31                | \$2612*                    | \$2716*      |
| June 19  | June 28               | \$2878*                    | \$2982*      |
| July 17  | July 26               | \$2762*                    | \$2839*      |
| August 14  | August 23             | \$2762*                    | \$2839*      |
| September 18   | September 27          | \$2482*                    | \$2586*      |
| <b>SINGLE SUPPLEMENT: \$ 559</b>   |                       | <b>LAND ONLY: \$ 1,729</b> |              |
| <b>On "land only" packages, the tour starts at 6:00 PM on the 2nd day and does not include airport/hotel transfers.</b>  |                       |                            |              |
| <small>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</small> |                       |                            |              |

# Gems of Northern Poland (K-5)

8 days / 7 nights – land & air

7 days / 6 nights – land only



## TOUR FEATURES:

Round trip air between USA and Poland via LOT Polish Airlines

First-class accommodations with private bath or shower

Meals as per itinerary: B - breakfast, L - lunch, D - dinner

Comprehensive sightseeing program, as indicated

Motor coach transportation within Poland

Service of an Englishspeaking guide

Hotel charges and taxes

Airport/hotel transfers

## YOUR HOTELS:

WARSAW – 1 night at Novotel Centrum\*\*\*\*

TORUN – 1 night at Mercure Helios\*\*\* or similar

GDYNIA – 2 nights at Gdynia Hotel\*\*\*

OLSZTYN – 1 night at Novotel Hotel\*\*\*

WARSAW – 1 night at Novotel Centrum\*\*\*\*



## 1ST DAY, TUESDAY

USA - WARSAW [OVERNIGHT]

Your Polish adventure begins today, as you fly to Warsaw, Poland's dynamic capital.

## 2ND DAY, WEDNESDAY

WARSAW [D]

Upon arrival, you are met and transferred to your hotel. Meet your tour guide at 6:00 PM in the hotel lobby, before enjoying a welcome dinner.

## 3RD DAY, THURSDAY

WARSAW - TORUN [B,L]

After breakfast, we introduce you to the highlights of Warsaw. Your sightseeing tour includes a drive along the famous Royal Route from magnificent Castle Square to Lazienki Park. Here, we will enter the park near the Chopin's monument, surrounded by benches and rose bushes. Then, we pass by the Palace of Science and Culture, the Saxon gardens, the tomb of the Unknown Soldier, monument of the Heroes of the Warsaw Ghetto and the Barbican. Continue with a walking tour of Old Town, Market Square and St. John's Cathedral. After lunch, we head for Torun.

## 4TH DAY, FRIDAY

TORUN - GDYNIA [B,L]

After breakfast, we will have a tour of Torun, the birthplace of Copernicus. Your tour includes views of Old Town Square and the 14th century Town Hall. After lunch, we drive to Gdynia.

## 5TH DAY, SATURDAY

GDYNIA - GDANSK - SOPOT [B,L]

Gdynia makes up one-third of the tri-city complex, which also comprises the elegant resort of Sopot and Gdansk, birthplace of Solidarity. Your tour includes highlights in all three cities and climaxes with an organ concert at the Oliwa cathedral. The afternoon is free for shopping.

## 6TH DAY, SUNDAY

GDYNIA - MALBORK - OLSZTYN [B,L]

On the way, to Olsztyn, we stop at Malbork, a huge Gothic castle, where the Teutonic Knights once ruled. In the afternoon, enjoy a picnic before we reach Olsztyn.

## 7TH DAY, MONDAY

OLSZTYN - WARSAW [B,D]

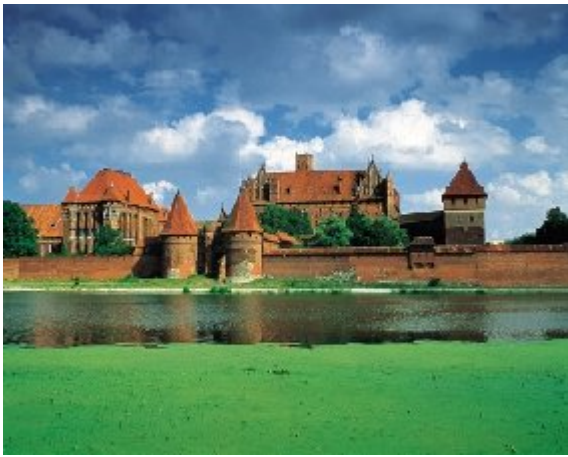
Before returning to Warsaw, there is a stop in Olsztynek to tour the Skansen, an open-air recreation of folk architecture.

## 8TH DAY, TUESDAY

WARSAW - USA [B]

Your tour ends this morning after breakfast, as we transfer you to the airport for the flight home.

| GUARANTEED DEPARTURES |           | GUARANTEED PRICES |              |
|-----------------------|-----------|-------------------|--------------|
| Departure from        | Return to | From New York     | From Chicago |



| USA: Tuesday   | USA: Tuesday |                            |         |
|--|--------------|----------------------------|---------|
| May 05   | May 12       | \$1974*                    | \$2078* |
| June 02  | June 09      | \$2117*                    | \$2325* |
| June 16  | June 23      | \$2240*                    | \$2344* |
| June 30  | July 07      | \$2240*                    | \$2344* |
| July 14  | July 21      | \$2124*                    | \$2201* |
| July 28  | August 04    | \$2124*                    | \$2201* |
| August 11  | August 18    | \$2124*                    | \$2201* |
| September 01   | September 08 | \$1844*                    | \$1948* |
| September 29   | October 06   | \$1844*                    | \$1948* |
| October 13   | October 20   | \$1844*                    | \$1948* |
| <b>SINGLE SUPPLEMENT: \$ 329</b>   |              | <b>LAND ONLY: \$ 1,169</b> |         |
| <b>On "land only" packages, the tour starts at 6:00 PM on the 2nd day and does not include airport/hotel transfers.</b>  |              |                            |         |
| <p>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</p> |              |                            |         |

## **Panorama of Poland (K-6)**

15 days / 14 nights – land & air

14 days / 13 nights – land only

### **TOUR FEATURES:**

Round trip air between USA and Poland via LOT Polish Airlines

First-class accommodations

Meals as per itinerary: B - breakfast, L - lunch, D - dinner

Comprehensive sightseeing program, as indicated

Motor coach transportation within Poland

Service of an Englishspeaking guide

Hotel charges and taxes

Airport/hotel transfers

### **YOUR HOTELS:**

**WARSAW** – 2 nights at Novotel Centrum\*\*\*\*

**KRAKOW** – 2 nights at Novotel Bronowice\*\*\*\*

**ZAKOPANE** – 2 nights at Mercure Kasprowy\*\*\*

**WROCLAW** – 1 night at Wroclaw Hotel\*\*\* or similar

**LICHEN** – 1 night at Magda Hotel\*\*\* or Arka Pilgrim's House

**TORUN** – 1 night at Mercure Helios\*\*\* or similar

**GDYNIA** – 2 nights at Gdynia\*\*\* Hotel

**WARSAW** – 2 nights at Novotel Centrum\*\*\*\*



### **1ST DAY, FRIDAY**

USA - WARSAW [OVERNIGHT]

Leave today on a fast, comfortable flight to Warsaw, Poland's dynamic capital.

### **2ND DAY, SATURDAY**

WARSAW [D]

Upon arrival, you'll be met and transferred to your hotel. With an afternoon at leisure, c'mon down and stroll along the wide boulevards and through the green parks. Meet your ORBIS guide at 6:00 PM in the hotel lobby and enjoy dinner in the hotel's restaurant.

### **3RD DAY, SUNDAY**

WARSAW [B,L]

After breakfast, we introduce you to the highlights of Warsaw. Your sightseeing tour includes a drive along the famous Royal Route from magnificent Castle Square to Lazienki Park. Here, we will enter the park near the Chopin's monument, surrounded by benches and rose bushes. Then, we pass by the Palace of Science and Culture, the Saxon gardens, the tomb of the Unknown Soldier, monument of the Heroes of the Warsaw Ghetto and the Barbican. Continue with a walking tour of Old Town, Market Square and St. John's Cathedral. Lunch at a local restaurant. The afternoon is free to explore more of Warsaw on your own.

### **4TH DAY, MONDAY**

WARSAW - CZESTOCHOWA - AUSCHWITZ - KRAKOW [B,L]

The road to Krakow, Poland's unique, medieval, open-air museum, leads us past Czestochowa, site of Jasna Gora and the Black Madonna, venerated as Poland's holiest icon. En route to Krakow, we also stop at Auschwitz, site of the concentration camp, where millions lost their lives in the crematoria.

### **5TH DAY, TUESDAY**

KRAKOW [B,D]

Krakow has more than one thousand buildings and monuments of historic and architectural interest. Your tour includes Market Square, Cloth Hall, St. Mary's Church and Wawel Hill with its Gothic cathedral. The afternoon is at your leisure. Dinner and overnight in Krakow.

### **6TH DAY, WEDNESDAY**

KRAKOW - WIELICZKA - ZAKOPANE [B,L]

After breakfast drive to Poland's winter capital, Zakopane; en route visit the Wieliczka Salt Mine, famous for their underground chapels and crystal caves. Lunch at a local restaurant in Wieliczka. Overnight in Zakopane.

### **7TH DAY, THURSDAY**

ZAKOPANE [B,D]

After breakfast city sightseeing, including an excursion by cable car to Gubalowka mountain. Enjoy a free afternoon to pursue your own interests. Dinner and overnight in Zakopane.

### **8TH DAY, FRIDAY**

ZAKOPANE - WROCLAW [B,D]

Today, we drive to Wroclaw, the charming city on the Odra River, the capital of Lower Silesia.



### 9TH DAY, MONDAY

WROCLAW - LICHEN [B,D]

Today, we drive Among your impressions of this city with its medieval architecture are the 13th century Town Hall and the Gothic cathedral. After lunch, we leave for Lichen. Sightseeing of the Sanctuary of Our Lady of Lichen. Dinner and accommodation in Lichen.o Wroclaw, the charming city on the Odra River, the capital of Lower Silesia.

### 10TH DAY, SUNDAY

LICHEN - GNIEZNO - TORUN [B,L]

After breakfast we depart for Gniezno. After a brief sightseeing tour of this historic city, we drive to Torun – the medieval town so closely associated with Copernicus. On arrival enjoy your free time.

### 11TH DAY, MONDAY

TORUN - GDYNIA [B,L]

This morning, after breakfast, we enjoy a city tour of Torun’s marvelous Gothic architecture, including the Old Town Square, Town Hall, the nearby “Pod Gwiazda” house and more. After lunch departure for Gdynia.

### 12TH DAY, TUESDAY

GDYNIA - GDANSK - SOPOT [B,L]

Gdynia, the youngest member of the Tri-city complex, consisting of Gdansk, Sopot and Gdynia, is a major seaport with beautiful beaches. Nearby Sopot is an Old World resort with grand hotels, boardwalks, beaches and resort pleasures. Gdansk, the oldest of the three, is a magnificent restoration of a medieval port, with a stunning Town Hall, Neptune’s Fountain, Gothic churches, romantic cobblestone alleys and breezy harbor promenades. You’ll see them all and hear a recital on the worldfamous organ in Oliwa Cathedral on your tour today. After lunch you are free to relax seaside.

### 13TH DAY, WEDNESDAY

GDYNIA - MALBORK - WARSAW [B,L]

After breakfast, drive to Malbork on the Vistula River. A mighty stone fortress, it once housed an order of Teutonic Knights’. In the afternoon, we return to Warsaw.

### 14TH DAY, THURSDAY

WARSAW [B,D]

Today, you visit the Royal Castle – an artistic legacy of Poland’s last king. After a free afternoon, enjoy dinner with folklore at a local restaurant.

### 15TH DAY, FRIDAY

WARSAW - USA [B]

Filled with wonderful impressions, board your trans-Atlantic jet for the home-bound flight.



| GUARANTEED DEPARTURES  |                       | GUARANTEED PRICES          |              |
|--|-----------------------|----------------------------|--------------|
| Departure from USA: Friday   | Return to USA: Friday | From New York              | From Chicago |
| June 05  | June 19               | \$3575*                    | \$3783*      |
| July 03  | July 17               | \$3698*                    | \$3802*      |
| July 31  | August 14             | \$3582*                    | \$3659*      |
| September 04   | September 18          | \$3302*                    | \$3406*      |
| September 25   | October 09            | \$3302*                    | \$3406*      |
| <b>SINGLE SUPPLEMENT: \$ 779</b>   |                       | <b>LAND ONLY: \$ 2,549</b> |              |
| <b>On “land only” packages, the tour starts at 6:00 PM on the 2nd day and does not include airport/hotel transfers.</b>  |                       |                            |              |
| <small>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</small> |                       |                            |              |

## Poland's Best (K-9)

8 days / 7 nights – land & air

7 days / 6 nights – land only

### TOUR FEATURES:

Round trip air between USA and Poland via LOT Polish Airlines

First-class accommodations with private bath or shower

Meals as per itinerary: B - breakfast, L - lunch, D - dinner

Comprehensive sightseeing program, as indicated

Motor coach transportation within Poland

Service of an Englishspeaking guide

Hotel charges and taxes

Airport/hotel transfers

### YOUR HOTELS:

**WARSAW** – 2 nights at Novotel Centrum\*\*\*\*

**ZAKOPANE** – 1 night at Mercure Kasprowy\*\*\*

**KRAKOW** – 2 nights at Novotel Bronowice\*\*\*\* or similar

**WARSAW** – 1 night at Novotel Centrum\*\*\*\*



### 1ST DAY, FRIDAY

USA - WARSAW [OVERNIGHT]

This is the day you've been waiting for, as you come aboard a swift, smooth, trans-Atlantic jet bound for Poland.

### 2ND DAY, SATURDAY

WARSAW [D]

On arrival, you are met and transferred to your hotel. The afternoon is free. Meet your ORBIS guide in the hotel lobby at 6:00 PM and then enjoy a welcome dinner with folklore entertainment at a local restaurant.

### 3RD DAY, SUNDAY

WARSAW [B,L]

This morning, we introduce you to the highlights of Warsaw. Your sightseeing tour includes a drive along the famous Royal Route from magnificent Castle Square to Lazienki Park. Here, we will enter the park near the Chopin's monument, surrounded by benches and rose bushes. Then, we pass by the Palace of Science and Culture, the Saxon gardens, the tomb of the Unknown Soldier, monument of the Heroes of the Warsaw Ghetto and the Barbican. Continue with a walking tour of Old Town, Market Square and St. John's Cathedral. Lunch at a local restaurant. The afternoon is free to explore more of Warsaw on your own.

### 4TH DAY, MONDAY

WARSAW - CZESTOCHOWA - AUSCHWITZ - ZAKOPANE [B,L]

After breakfast, we set out for Zakopane. On the way, we stop at Czestochowa to visit the shrine of the Black Madonna in Jasna Gora monastery. Before we reach Zakopane, we drive to Auschwitz, site of the infamous concentration camp, a name that has become synonymous with all the horrors of the infamous Holocaust. In the afternoon, we drive to Zakopane.

### 5TH DAY, TUESDAY

ZAKOPANE - KRAKOW [B,D]

In the morning, after a brief sightseeing tour of Zakopane, take a cable car to a nearby mountain-top for a thrilling panorama. Before driving to Krakow, we go rafting on the Dunajec River.



### 6TH DAY, WEDNESDAY

KRAKOW - WIELICZKA - KRAKOW [B,D]

Get acquainted today with this medieval jewel, as you explore Market Square, where you hear the silver trumpet of the bugler from St. Mary's church tower and go inside to admire the awesome Wit Stwosz altar. You also visit Wawel Hill and the Gothic Cathedral. In the afternoon, visit Wieliczka Salt Mine, a splendid 3-mile-long underground complex of chambers, chapels and statues sculpted from salt. In the evening, we have a dinner with a folklore entertainment at a local restaurant.

### 7TH DAY, THURSDAY

KRAKOW - WARSAW [B,L]

After breakfast, we return to Warsaw. Lunch. The rest of the day is free for last-minute souvenir shopping.

### 8TH DAY, FRIDAY

WARSAW - USA [B]

Filled with sublime memories, you are transferred to the airport this morning, where your home-bound jet carries you swiftly back to the USA.

| GUARANTEED DEPARTURES   |                       | GUARANTEED PRICES          |              |
|---|-----------------------|----------------------------|--------------|
| Departure from USA: Friday  | Return to USA: Friday | From New York              | From Chicago |
| May 01  | May 08                | \$2212*                    | \$2316*      |
| May 29  | June 05               | \$2355*                    | \$2563*      |
| June 12   | June 19               | \$2355*                    | \$2563*      |
| June 26   | July 03               | \$2478*                    | \$2582*      |
| July 10   | July 17               | \$2362*                    | \$2439*      |
| July 24   | July 31               | \$2362*                    | \$2439*      |
| August 07   | August 14             | \$2362*                    | \$2439*      |
| August 28   | September 04          | \$2362*                    | \$2439*      |
| September 11  | September 18          | \$2082*                    | \$2186*      |
| September 25  | October 02            | \$2082*                    | \$2186*      |
| October 09  | October 16            | \$2082*                    | \$2186*      |
| <b>SINGLE SUPPLEMENT: \$ 409</b>  |                       | <b>LAND ONLY: \$ 1,329</b> |              |
| <p><b>On "land only" packages, the tour starts at 6:00 PM on the 2nd day and does not include airport/hotel transfers.</b></p> <p><b>If you want to explore more of southern Poland on your own, we will deduct your last night in Warsaw from the total price.</b></p>   |                       |                            |              |
| <p><small>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</small></p> |                       |                            |              |

## Poland's Best: Extension to Budapest

3 days / 2 nights – land only

### TOUR FEATURES:

First-class accommodations with private bath or shower

Meals as per itinerary: B - breakfast

Comprehensive sightseeing program, as indicated

Hotel charges and taxes

First class train ticket: Krakow – Budapest

### YOUR HOTELS:

**BUDAPEST** – 2 nights at Ibis Hero's Square\*\*\* or similar



### 1ST DAY, THURSDAY

KRAKOW - BUDAPEST [B]

We leave Krakow this morning for the trip to Budapest. After breakfast, you will be transferred to the train station to board the train to Budapest (First class train ticket Krakow - Budapest included). The trip takes about 12 hours. Upon arrival you will be transferred to the hotel.

### 2ND DAY, FRIDAY

BUDAPEST [B]

To make the most of your trip, we have arranged a 3 hour tour of this enchanting city. Included in your sightseeing are visits to the Parliament, the Castle Hill area, the Royal Palace, Fisherman's Bastion, Coronation Church, Hero's Square and Gellert Hill.

### 3RD DAY, SATURDAY

BUDAPEST - USA OR BUDAPEST - KRAKOW [B]

After breakfast, you are transferred to the airport in Budapest for your flight home or to the train station for your trip back to Krakow (on your own)

| GUARANTEED DEPARTURES  |                          |                  |
|--|--------------------------|------------------|
| Starting Date in Budapest:   | Ending Date in Budapest: | 3 Days Land Only |
| May 07   | May 09                   | \$619*           |
| June 04  | June 06                  | \$619*           |
| July 16  | July 18                  | \$619*           |
| September 17   | September 19             | \$619*           |
| October 01   | October 03               | \$619*           |
| <b>SINGLE SUPPLEMENT: \$89</b>   |                          |                  |
| <small>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</small> |                          |                  |

## Poland's Best: Extension to Vienna

3 days / 2 nights – land only

### TOUR FEATURES:

First-class accommodations with private bath or shower

Meals as per itinerary: B - breakfast

Comprehensive sightseeing program, as indicated

Hotel charges and taxes

First class train ticket: Krakow – Vienna

### YOUR HOTELS:

VIENNA – 2 nights at Alpha\*\*\* or similar



### 1ST DAY, THURSDAY

KRAKOW - VIENNA [B]

We leave Krakow this morning for the trip to Vienna. After breakfast, you will be transferred to the train station to board the train to Vienna (First class train ticket Krakow - Vienna included). The trip takes about 8 hours. Upon arrival you will be transferred to the hotel.

### 2ND DAY, FRIDAY

VIENNA [B]

After breakfast, you will take a 3 hour city sightseeing tour. This tour drives along the famous Ring, site of many of the sights that have made this city famous: the Opera House, the Empress Theresa Monument, the Natour building, the Kunsthistorische Museum, the Votive Church and City Hall.

### 3RD DAY, SATURDAY

VIENNA - USA OR VIENNA - KRAKOW [B]

After breakfast, you are transferred to the airport in Vienna for your flight home or to the train station for your trip back to Krakow (on your own).

| GUARANTEED DEPARTURES  |                        |                  |
|--|------------------------|------------------|
| Starting Date in Vienna:   | Ending Date in Vienna: | 3 Days Land Only |
| May 07   | May 09                 | \$1059*          |
| June 04  | June 06                | \$1059*          |
| July 16  | July 18                | \$1059*          |
| September 17   | September 19           | \$1059*          |
| October 01   | October 03             | \$1059*          |
| SINGLE SUPPLEMENT:\$119  |                        |                  |
| <small>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</small> |                        |                  |

## Poland's Best: Extension to Prague

4 days / 3 nights – land only

### TOUR FEATURES:

First-class accommodations with private bath or shower  
 Meals as per itinerary: B - breakfast, D - dinner  
 Comprehensive sightseeing program, as indicated  
 Service of an Englishspeaking local guide  
 Hotel charges and taxes

### YOUR HOTELS:

**PRAGUE** – 3 nights at U Divadla Hotel\*\*\*\* or similar



### 1ST DAY, THURSDAY

KRAKOW - PRAGUE [B,D]

This morning, we meet the English-speaking driver in the hotel lobby, and then leave Krakow for the spectacular scenic drive to Prague. The journey will take about 8 hours, so we will arrive in the late afternoon at the hotel. Overnight and dinner at your hotel in Prague.

### 2ND DAY, FRIDAY

PRAGUE [B,D]

To make the most of your trip, we have arranged an all-day tour of this enchanting city. Included in your sightseeing are visits to Prague Castle, the Powder Tower, Golden Street, Mala Strana, the Charles Bridge, and a one-hour boat cruise including coffee and cake. Tonight, we have a dinner at the hotel's restaurant.

### 3RD DAY, SATURDAY

PRAGUE [B,D]

After breakfast, you will be free to explore the city on your own. In the evening, we invite you to a farewell dinner with folklore entertainment.

### 4TH DAY, SUNDAY

PRAGUE - USA OR PRAGUE - KRAKOW [B]

After breakfast, you are transferred to the airport in Prague for your flight home or driven back to Krakow by bus (on your own).

#### GUARANTEED DEPARTURES

| Starting Date in Krakow: | Ending Date in Prague: | 4 Days Land Only |
|--------------------------|------------------------|------------------|
| June 04                  | June 07                | \$1399*          |
| June 18                  | June 21                | \$1399*          |
| July 02                  | July 05                | \$1399*          |
| July 16                  | July 19                | \$1399*          |
| July 30                  | August 02              | \$1399*          |
| August 13                | August 16              | \$1399*          |
| September 03             | September 06           | \$1399*          |
| September 17             | September 20           | \$1399*          |

#### SINGLE SUPPLEMENT: \$159

\*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.

## Splendors of Poland (K-10)

12 days / 11 nights – land & air

11 days / 10 nights – land only

### TOUR FEATURES:

Round trip air between USA and Poland via LOT Polish Airlines

First-class accommodations with private bath or shower

Meals as per itinerary: B - breakfast, L - lunch, D - dinner

Comprehensive sightseeing program, as indicated

Motor coach transportation within Poland

Service of an Englishspeaking guide

Hotel charges and taxes

Airport/hotel transfers

### YOUR HOTELS:

**WARSAW** – 2 nights at Novotel Centrum\*\*\*\*

**ZAKOPANE** – 1 night at Mercure Kasprowy\*\*\*

**KRAKOW** – 2 nights at Novotel Bronowice\*\*\*\*

**TORUN** – 1 night at Mercure Helios\*\*\* or similar

**GDYNIA** – 2 nights at Gdynia Hotel\*\*\*

**OLSZTYN** – 1 night at Novotel Hotel\*\*\*

**WARSAW** – 1 night at Novotel Centrum\*\*\*\*



### 1ST DAY, FRIDAY

USA - WARSAW [OVERNIGHT]

Your Polish adventure begins today, as you board your jet for Warsaw, Poland's dynamic capital.

### 2ND DAY, SATURDAY

WARSAW [D]

Upon arrival, you are met and transferred to your hotel. Hurry and unpack! Warsaw has so much to offer. Meet your ORBIS guide at 6:00 PM in the hotel lobby, before enjoying a dinner with folklore entertainment.

### 3RD DAY, SUNDAY

WARSAW [B,L]

You'll really know the highlights of Warsaw after your tour today. Historic Old Town, rebuilt with love and dedication after World War II, the ancient Barbican defense walls, the Ghetto memorial, dedicated to the thousands, who lost their lives in their heroic resistance to the Nazis, and the 18th century Lazienki Park, a green oasis in the heart of the city. After lunch enjoy Warsaw on your own.

### 4TH DAY, MONDAY

WARSAW - CZESTOCHOWA - AUSCHWITZ - ZAKOPANE [B,L]

This morning, we leave for Zakopane. En route, we stop in Czestochowa and Jasna Gora Monastery to visit the Black Madonna, Poland's holiest icon. We also stop at Auschwitz, one of the largest of the Nazi concentration camps. In the afternoon, we will continue our drive to Zakopane.

### 5TH DAY, TUESDAY

ZAKOPANE - KRAKOW [B,D]

After a brief tour of local highlights, take a cable car to a nearby mountain top for a thrilling panoramic view. In the afternoon we go rafting on the Dunajec River, as it flows through the meadows and gorges of the Pieniny Mountains. Dinner and overnight in Krakow.

### 6TH DAY, WEDNESDAY

KRAKOW - WIELICZKA - KRAKOW [B,D]

Get acquainted today with this medieval jewel, as you explore Market Square, where you hear the silver trumpet of the bugler from St. Mary's church tower and go inside to admire the awesome Wit Stwosz altar. You also visit Wawel Hill, and the Gothic Cathedral. In the afternoon, there's an excursion to the Wieliczka Salt Mine, an unforgettable experience. Tonight enjoy a dinner with folklore at a local restaurant.

### 7TH DAY, THURSDAY

KRAKOW - WARSAW - TORUN [B,L]

Our route today leads to Torun, famous as the birthplace of the world-renowned Copernicus.

### 8TH DAY, FRIDAY

TORUN - GDYNIA [B,L]

After breakfast, we will have a tour of Torun, the birthplace of Copernicus. Lunch. Our drive ends in Gdynia on the Baltic, one of Poland's great seaports.



**9TH DAY, SATURDAY**

GDYNIA - GDANSK - SOPOT [B,L]

Gdynia makes up one-third of the tri-city complex, which also includes Sopot, an elegant, Old World seaside resort, and Gdansk, the magnificent, restored medieval city, birthplace of Solidarity and home of Lech Walesa. After a tour highlighting the major attractions of all three, we climax the day with an organ concert in nearby Oliwa. In the afternoon you have time to shop for treasures of the Baltic Sea area, including silver and amber souvenirs.

**10TH DAY, SUNDAY**

GDYNIA - MALBORK - OLSZTYN [B,L]

Today, we leave for the great Mazurian Lakes district, one of Poland's favorite vacation areas. On the way, we stop at Malbork, a huge Gothic castle, where the Teutonic Knights once ruled. In the afternoon, we enjoy an open-air picnic before we drive to Olsztyn.

**11TH DAY, MONDAY**

OLSZTYN - WARSAW [B,D]

Before we return to Warsaw today, there is a stop in Olsztynek to tour the Skansen, an open-air recreation of folk architecture. Dinner at a local restaurant.

**12TH DAY, TUESDAY**

WARSAW - USA [B]

Now that you've seen Poland's highlights, it's time to return home. We transfer you to the airport where you board your jet for the trip home.

| GUARANTEED DEPARTURES  |                        | GUARANTEED PRICES          |              |
|--|------------------------|----------------------------|--------------|
| Departure from USA: Friday   | Return to USA: Tuesday | From New York              | From Chicago |
| May 01   | May 12                 | \$2993*                    | \$3097*      |
| May 29   | June 09                | \$3136*                    | \$3344*      |
| June 12  | June 23                | \$3136*                    | \$3344*      |
| June 26  | July 07                | \$3259*                    | \$3363*      |
| July 10  | July 21                | \$3143*                    | \$3220*      |
| July 24  | August 04              | \$3143*                    | \$3220*      |
| August 07  | August 18              | \$3143*                    | \$3220*      |
| August 28  | September 08           | \$3143*                    | \$3220*      |
| September 25   | October 06             | \$2863*                    | \$2967*      |
| October 09   | October 20             | \$2863*                    | \$2967*      |
| <b>SINGLE SUPPLEMENT: \$ 579</b>   |                        | <b>LAND ONLY: \$ 2,149</b> |              |
| <b>On "land only" packages, the tour starts at 6:00 PM on the 2nd day and does not include airport/hotel transfers.</b>  |                        |                            |              |
| <small>*Additional Taxes and Fees: Tour prices include any airline fuel surcharges. Tour prices do not include the following government-imposed taxes and fees, which will be added to the final price: September 11th Security Fee of \$2.50 per U.S. enplanement, Passenger Facility Charges of up to \$4.50 per segment (up to \$18.00 per roundtrip), U.S. Domestic Segment Fees of \$3.60 per flight segment (a flight segment consists of one takeoff and one landing), U.S. Immigration Fee of \$7.00, U.S. Customs Fee of \$5.50, U.S. APHIS User Fee of \$5.00, U.S. Departure Tax of \$16.10, U.S. Arrival Tax of \$16.10, Foreign government security, tourism, airport, international transportation taxes and per person fees and taxes that overall total up to \$250. These taxes and fees are collected by American Travel Abroad. Airfares are subject to change. Seats are limited and may not be available for all flights or dates of departure.</small> |                        |                            |              |

## Polish Health Resorts

We'll help you recharge your batteries, renew your energy, revive your senses and restore your state of well-being!

The fact is, people from all over Europe have been coming to Polish health resorts for hundreds of years to restore their health, regenerate their stamina and prevent disease.

Each health resort specializes in the treatment of one or more health conditions.

Read the information below to help you select the resort most appropriate for your health conditions. Then ask your travel agent to get in touch with PACG for reservations.

| LOCALITY        | THERAPEUTIC INDICATORS   |
|-----------------|--|
| BUSKO ZDROJ     | Musculo-skeletal system disorders, skin diseases, circulatory system disorders, rheumatic diseases.  |
| CIECHOCINEK     | Musculo-skeletal system disorders, circulatory and respiratory system disorders, rheumatic diseases, skin and female diseases, obesity.  |
| CIEPLICE ZDROJ  | Musculo-skeletal system disorders, rheumatic diseases, urinary tract diseases, children's diseases: musculo-skeletal system disorders, rheumatic problems.                             |
| IWONICZ ZDROJ   | Musculo-skeletal system disorders, gynecological, rheumatic and neurological diseases, digestive and respiratory system disorders, obesity.  |
| KOLOBRZEG       | Disorders of the respiratory tract and circulatory system, musculo-skeletal system disorders, rheumatic diseases, endocrine secretion disorders and disorders of the metabolic system. |
| KRYNICA ZDROJ   | Digestive system disorders, urinary tract and circulatory system diseases, endocrine secretion and metabolic system disorders, gynecological diseases.                                 |
| LADEK ZDROJ     | Rheumatic diseases, musculo-skeletal system disorders, skin diseases, circulatory system diseases.   |
| NALECZOW        | Circulatory system disorders (coronary system).  |
| POLANICA ZDROJ  | Circulatory and digestive system disorders, rheumatic disorders.   |
| SWIERADOW ZDROJ | Musculo-skeletal system disorders, rheumatic diseases, gynecological diseases, circulatory system diseases, nervous system disorders.  |
| SZCZAWNICA      | Respiratory, circulatory, endocrine and metabolic disorders, rheumatic diseases, skin diseases.  |
| WIELICZKA       | Respiratory system disorders, bronchial asthma (irrespective of clinical stage) both allergic and infectious, chronic bronchitis, allergic catarrh.                                    |

## General Information:

1. The recommended period of stay is 21 days. Shorter stays are possible, but not less than 10 days.  
Stays from 10 to 14 days are subject to additional charge to cover costs of intensive therapy.
2. It is required to submit a current medical diagnosis of the illness (preferably in Latin) as well as the results of basic medical tests, such as morphology, urine test, blood pressure and a lung x-ray. A negative result of AIDS test is required for the treatment in Cieplice.





There's much more to Jewish life in Poland than the death camps and ghetto. For the past 60 years, Jews have been returning to Poland and remembering their past, remembering those who died and remembering the destruction of communities and culture, but now Jewish life is once again emerging and looking to the future.

**WARSAW** was an important Jewish cultural and spiritual center. The most important Jewish sites in Warsaw include the Jewish Cemetery, Nozyk Synagogue, Jewish Historical Institute, sites connected with the Ghetto Uprising of 1943, Umschlagplatz and Mila 18.

### Warsaw Ghetto

On October 12, 1940, the Germans decreed the establishment of a ghetto in Warsaw. The decree required all Jewish residents of Warsaw to move into a designated area, which German authorities sealed off from the rest of the city in November 1940.

**The Umschlagplatz** was where the Jews in the Warsaw Ghetto had to assemble to board the trains which transported them to the death camp at Treblinka, beginning in July 1942.

### The Jewish Cemetery

On Okopowa Street, in Warsaw, Poland sits an old Jewish cemetery, one of the very few to have survived World War II. Founded in 1806, the cemetery consists of 82 acres and contains the remains of approximately 250,000 people.

**TREBLINKA** is the second biggest and the most cruel Nazi extermination camp, where 700,000 people were mercilessly killed within one year. Nowadays there is an impressive monument raised in the middle of Treblinka. One part shows 17,000 irregular granite stones out of which 216 have the names of different Jewish communities engraved.

**TYKOCIN** is located in the province of Bialystok, east of the former extermination camp of Treblinka. A Jewish community was founded here in the 16th century and it quickly became an important centre of both Polish and Jewish cultures.



**KRAKOW** was one of the largest Jewish centers in Poland/Galicia, and, as such, needs no introduction.

**Kazimierz / Casimir** has the most magnificent collection of Jewish heritage in Poland. There are seven synagogues with the Old Synagogue as the first one built but the Remuh synagogue and cemetery as the most renowned in the world. Wandering along the streets of Kazimierz, you can experience through the eyes of your imagination the lost world of Hassids, Tzaddiks, and Rabbis.

### Krakow Ghetto in Podgorze

The Nazi-conceived Jewish ghetto in Krakow was situated in the Podgorze area on the right bank of the Wisla River opposite Kazimierz and its historical Jewish Quarter. It was strategically situated next to the Zablocie industrial district with many plants, including the now-famous "Schindler's Factory" that utilize the cheap forced labor of the ghetto inhabitants.

### AUSCHWITZ – BIRKENAU

Europe's largest German Nazi concentration and death camp from World War II. The complex consisted of two main camps: Auschwitz I, the administrative center, and Auschwitz II (Birkenau), the extermination camp.

**TARNOW** is a city about 40 miles east of Krakow. Jews were first mentioned in the town as early as the 1400's. In the 19th century Tarnow had the fourth largest Jewish population center in Galicia, after Krakow, Lwow and Stanislawow.

**LUBLIN**, for centuries, was inhabited by Jews who helped create its special climate. Highlights include: the Old and New Jewish Cemetery, Jewish Trail around the Old Town, Chevrat Nosim Synagogue, Grodzka Gate and Yeshivat Chachmei Lublin (The Lublin Academy of Sages).

**MAJDANEK**, located 4km from Lublin, was one of the Nazi's largest concentration/extermination camps. Nowadays on the former camp grounds there is a museum. In the Museum territory there are two huge stone monuments, raised to commemorate the victims.

**LODZ** is a large industrial city. The Jewish community contributed substantially to its development. During World War II, the Lodz Ghetto was the largest in Europe (200,000 residents). Few of its inhabitants survived. Lodz's Jewish Cemetery is the largest Jewish cemetery in Europe, and holds many gravestones from the 19th century.



# POLISH AMERICAN CONSORTIUM GROUP



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